Self-supervised Models are Good Teaching Assistants for Vision Transformers

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Abstract

Transformers have shown remarkable progress on computer vision tasks in the past year. Compared to their CNN counterparts, transformers usually need the help of distillation to achieve comparable results on middle or small sized datasets. Meanwhile, recent researches discover that when transformers are trained with supervised and self-supervised manner respectively, the captured patterns are quite different both qualitatively and quantitatively. These findings motivate us to introduce a self-supervised teaching assistant (SSTA) besides the commonly used supervised teacher to improve the performance of transformers. Specifically, we propose a head-level knowledge distillation method that selects the most important head of the supervised teacher and self-supervised teaching assistant, and let the student mimic the attention distribution of these two heads, so as to make the student focus on the relationship between tokens deemed by the teacher and the teacher assistant. Extensive experiments verify the effectiveness of SSTA and demonstrate that the proposed SSTA is a good compensation to the supervised teacher. Meanwhile, some analytical experiments towards multiple perspectives (*e.g.* prediction, shape bias, robustness, and transferability to downstream tasks) with supervised teachers, self-supervised teaching assistants and students are inductive and may inspire future researches. The code is released in https://github.com/GlassyWu/SSTA

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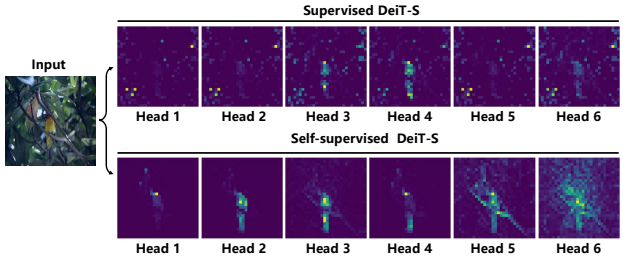


Figure 1. Visualizations of self-attention maps from the last layer of DeiT-S (Touvron et al., 2021).

1. Introduction

Recently, Vision Transformers (ViTs) have been successfully used for computer vision tasks, including image recognition, object detection, semantic segmentation and so on. Remarkably, ViTs are capable to reach superior performance on image classification task when trained with large-scale datasets, *e.g.* JFT-300M (Dosovitskiy et al., 2020). However, ViTs achieve lower accuracies than Convolutional Neural Networks (CNNs) on medium-scale or small-scale datasets (Dosovitskiy et al., 2020). To alleviate the demand for data, DeiT (Touvron et al., 2021) distills the inductive bias from a large CNN teacher by introducing an extra distillation token and shows satisfactory results.

Self-supervised learning (SSL) and supervised learning (SL) are two different paradigms *w.r.t.* the way they construct training objectives. With the development of transformer, self-supervised learning for transformers has also attracted widespread attention from the community, and many approaches have been proposed (Chen et al., 2021b; Caron et al., 2021). (Caron et al., 2021) reported an interesting discovery that self-attention visualizations of self-supervised vision transformers and supervised vision transformers represent different tendentiousness. As shown in Figure 1, vision transformers trained with supervised signal pay more attention to texture, while self-supervised counterparts focus on shape. In addition, when the size of the annotated training dataset is small, the supervised transformer is more prone to overfitting. For example, when the training dataset is ImageNet-1K (Russakovsky et al., 2015), self-supervised ViT can transfer better to downstream tasks than its counterpart (Caron et al., 2021).

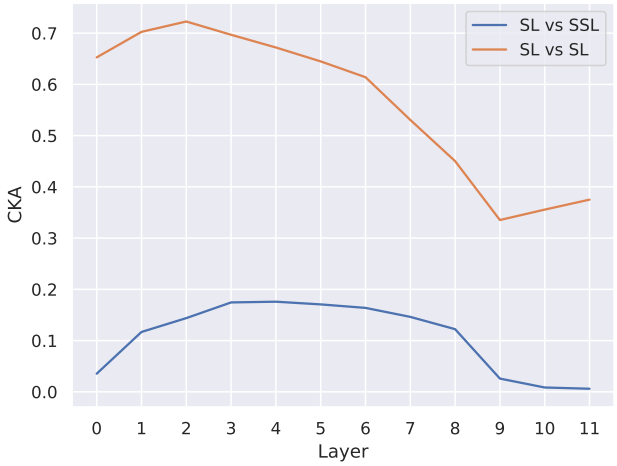


Figure 2. CKA similarities between layers across different learning paradigms. The higher the value, the higher the similarity.

These observations motivate us to explore and exploit the differences between these two learning paradigms (SSL v.s. SL) applied on ViTs. We measured the similarity index between the feature layers of two randomly initialized supervised transformers and of a supervised transformer and a self-supervised transformer through Centered Kernel Alignment (CKA) indicator (Kornblith et al., 2019). The results are shown in Figure 2. It can be seen that the similarity between the layers of two randomly initialized supervised transformers (orange line) significantly exceeds that between a supervised transformer and a self-supervised transformer (blue line), and the feature similarity of the last few layers is relatively lower.

Since the difference is quantitatively prominent and qualitatively compensating, we propose to introduce a self-supervised teaching assistant (termed as SSTA) besides the commonly used supervised teacher to further improve the performance of transformers. Specifically, we propose a head-level knowledge distillation method that selects the most important head of the supervised teacher and the self-supervised teaching assistant, and let the student mimic the attention distribution of these two heads, so as to make the student focus on the relationship between tokens deemed by the teacher and the teacher assistant. Extensive experiments demonstrate that the proposed SSTA is a good compensation to the supervised teacher. Meanwhile, compared with supervised teaching assistant, SSTA with greater difference can bring more improvements.

The success of SSTA prompted us to further reveal the otherness between the self-supervised ViTs and supervised ViTs. We explore the differences between two different teachers and the students distilled from different teachers on prediction, shape bias, robustness, and transferability to downstream tasks, some of which are counter-intuitive and are studied for the first time.

Our contributions are summarized as follows:

- By observing that self-supervised learning and supervised learning provide information from different perspectives, we exploit adding a self-supervised transformer as a teaching assistant to complement to commonly used supervised teacher, and firstly propose a head-level knowledge distillation approach for data efficient vision transformer learning.
- To effectively transfer the knowledge via heads, a heuristic head selection strategy is designed to choose the most informative heads from teacher. Meanwhile, an early stop learning strategy is further derived to facilitate distillation.
- Extensive experiments are conducted to demonstrate the advantage of the self-supervised teaching assistant. Besides, by comprehensive analyzing the variant combination of two teachers, several interesting findings, regarding the prediction, shape bias, robustness, and transferability, are detailed analyzed for the first time.

2. Related Work

2.1. Vision Transformer

Recently, ViTs have made tremendous development, and various Transformer architectures for computer vision tasks have been proposed (Dosovitskiy et al., 2020; Touvron et al., 2021; El-Nouby et al., 2021; Chen et al., 2021a; Han et al., 2021; 2022). The Self-Attention mechanism allows transformers to capture long-distance relationships and become content-aware. Compared to CNN, ViTs are more robust to severe occlusions, perturbations, and domain shifts and significantly less biased towards textures (Naseer et al., 2021). However, ViTs are very hungry for data, when training on medium-scale or small-scale datasets, ViTs can't exceed the results of CNN (Dosovitskiy et al., 2020). Therefore, works (Touvron et al., 2021; Graham et al., 2021) introduce the inductive bias of a supervised pre-trained large CNN teacher through knowledge distillation, thereby alleviating the demand for annotated data.

2.2. Knowledge Distillation

Knowledge Distillation (KD) was first proposed by (Hinton et al., 2015), which aims to transfer the knowledge of a larger teacher model to a smaller student model. Many approaches have achieved great success on CNN, *e.g.* (Romero et al., 2014; Zagoruyko & Komodakis, 2016; Park et al., 2019), however due to the differences of transformers, few of them can be directly applied to transformers. DeiT (Touvron et al., 2021) is the first work applying knowledge distillation to transformer, which adds an extra distillation token

to transfer the inductive bias of a larger CNN to a relatively small transformer in the form of hard or soft output label. (Ren et al., 2021) use different architectural inductive biases to co-advise the student transformer. These methods all rely on the inductive bias of other network structure, the knowledge needed by the student transformer and the effective transmission method are still to be explored. Furthermore, the teachers used in the existing distillation methods are all obtained by supervised training, and as far as we know, we are the first to try to use self-supervised representations to assist supervised training.

2.3. Self-supervised Learning

Self-supervised Learning (SSL) is a generic framework that gets supervision from the data itself without any tags from human labor. Earlier methods heavily rely on constructing negative samples, *e.g*. SimCLR (Chen et al., 2020a;b), MoCo (He et al., 2020; Chen et al., 2020c), while recent works eliminate the need for negative samples, *e.g*. BYOL (Grill et al., 2020), SimSiam (Chen & He, 2021). With the development of vision transformer, some works (Caron et al., 2021), (Chen et al., 2021b) apply contrastive learning to vision transformers. Compared to supervised counterparts, self-supervised vision transformers exhibit some properties. As described in (Caron et al., 2021), self-supervised ViT features explicitly contain the scene layout and object boundaries. In this work, we show that the difference between self-supervised ViT representations and supervised ViT representations is far from that.

2.4. KD Meets SSL

Recently, some works have combined KD and SSL. SSKD (Xu et al., 2020) adds an SSL branch next to the supervisory branch and regards the information contained in the SSL task as additional dark knowledge. CRD (Tian et al., 2019) proposes a contrastive-based objective for knowledge distillation, which allows the student to capture more information in the teacher's representations of data. SEED (Fang et al., 2021) employs knowledge distillation as a means to improve the representation capability of small models in self-supervised learning. These methods are for CNN, and there is only one teacher with the same training paradigm as the student. While in our method, the teacher and the student are under different training paradigms and the two teachers are trained by different paradigms with obvious different tendentiousness.

3. Methodology

In this section, we introduce the proposed *Self-Supervised Teacher Assistant* (SSTA). We first present the overall architecture in Section 3.1, and then introduce the specific head-level distillation in detail in Section 3.2. Finally, the entire training process is described in Section 3.3.

3.1. Overall Architecture

The framework of the proposed method is shown in Figure 3, consisting of three transformer encoders. The *Student* in the middle is the encoder that we want to improve, the *SL Teacher* on the left is the pre-trained teacher obtained via supervised learning, and the *SSTA* on the right is the pre-trained teaching assistant obtained through self-supervised learning. For each input $X \in \mathbb{R}^{H\times W\times C}$, where H, W and C represents the height, width and channel of the image respectively, it is input to three encoders respectively. After patch embedding, the input image is projected to $X_{PE} \in \mathbb{R}^{N\times D}$ where N is the number of tokens and D is the dimension of each token, and X_{PE} is then fed into stacked layers. As shown in Figure 3, each layer consists of LayerNorm (Ba et al., 2016), Multi-head Self Attention (MSA), Multi-Layer Perceptron (MLP) and residual connections.

For MSA, we first compute $Q = X_{PE} \cdot W_{\mathrm{Q}} \in \mathbb{R}^{N\times h\times d}$, $K = X_{PE} \cdot W_{\mathrm{K}} \in \mathbb{R}^{N\times h\times d}$ and $V = X_{PE} \cdot W_{\mathrm{V}} \in \mathbb{R}^{N\times h\times d}$ via linear transformations W_{Q}, W_{K}, W_{V}, where h is the number of heads, and d is the dimension of each head ($d = D/h$). Figure 3 (right) shows the details of MSA, Q and K produce an attention matrix via inner product and then the matrix is rescaled by $\sqrt{d}$ and normalized with a softmax function. Finally, the normalized attention matrix is multiplied by V to get the output of the MSA layer. The entire procedure can be formulated as:

$$AttnMat = Softmax(Q \times K^T/\sqrt{d}), \tag{1}$$

$$Output = AttnMat \times V, \tag{2}$$

note the dimension of $AttnMat$ is $h \times N \times N$. For more details, please kindly refer to (Dosovitskiy et al., 2020).

$AttnMat$ describes the attention distribution, which is computed based on the similarity between tokens. The higher the value, the more the relevance. The attention distribution reflects the relationship between tokens, and the relationship between `[cls]` token and other patch tokens can further reflect where the model is focusing on, as shown in Figure 1. Existing work (Zagoruyko & Komodakis, 2016) has demonstrated that the attention maps of a powerful teacher network are effective knowledge in CNN. As Transformers are based on attention mechanism, we consider adopting attention distribution as knowledge to transfer. The specific knowledge transfer method is the newly proposed head-level distillation, which will be introduced in Section 3.2.

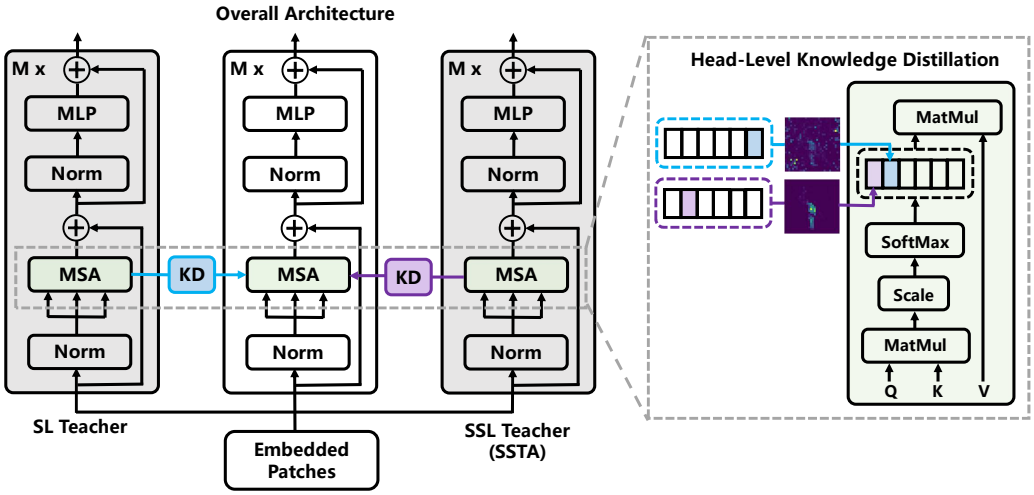


Figure 3. The overall architecture of the proposed method. One image is first projected into tokens, and then input to three transformer encoders, one is the learnable student, one is a frozen pre-trained SL teacher, and the other is the fixed pre-trained SSTA. The areas concerned by the head of the students are required to be consistent with the areas focused by the most important head in the SL teacher and SSTA simultaneously via constraining the attention distributions.

3.2. Head-level Distillation with SSTA

As (Caron et al., 2021) observed that different heads focus on different locations, we consider distilling diverse knowledge from the heads of different teachers. Figure 1 shows that the heads of SL transformers focus more on textures of background, while the heads of SSL transformers have high activation on objects. For the human visual system, both the objects and textures of background are important judgment bases when determining the categories of images, which inspires us to fully utilize these different attention preferences. We propose a head-level knowledge distillation method, which is illustrated in the dashed box of Figure 3. Specifically, two heads of the student imitate the attention distribution of the most important head of the two diverse teachers (*i.e.* SSL teacher (SSTA) and SL teacher) respectively via knowledge distillation loss, so as to pay attention to the most significant relationship deemed by different teachers simultaneously. Next, we will introduce the choice of the most important head from the teachers and the definition of distillation loss.

3.2.1. Head Selection Strategy

The first critical problem of head-level distillation is the selection of the most important heads. Since different vision transformers have different numbers of heads, aligning the number of teacher and student heads is a thorny problem. To avert this problem, we propose a head selection strategy which only selects the most important head for each layer from the teacher for knowledge distillation. Considering that the greater the contribution to the accuracy, the more important the head is, we first evaluate the accuracy drop by alternatively setting different head to zero, and then regard the head corresponding to the highest drop as the most important one. Supposing the index of the head to be estimated is $i \in \{1, 2, ...h\}$ for the l-th layer, the reset process can be expressed as:

$$AttnMat_l[i, :, :] = \mathbf{0}, \tag{3}$$

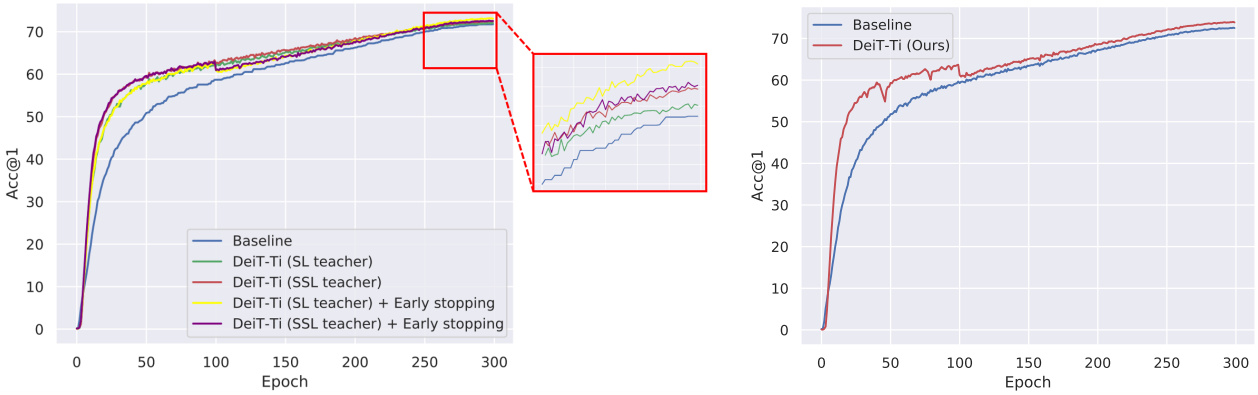
the new $AttnMat$ is remarked as $AttnMat'$. Then, we define the importance of the head as follows:

$$I = Acc(\phi(AttnMat)) - Acc(\phi(AttnMat')), \tag{4}$$

where $\phi(AttnMat)$ is the model with original heads, $\phi(AttnMat')$ is the model that partial heads are reset as zero and $Acc(\cdot)$ is the accuracy of model. The higher the I value, the more important it is. Note that we estimate the importance of heads on the pre-trained model. For the assigned layer set L, we select the most important head for each layer, then we can obtain most important head index set $H' = \{i^l\}$, where $l \in L$. It is worth noting that when conducting distillation on multi-layers (*i.e.* $|L| > 1$), we evaluate the most important combination of multiple heads over multiple layers. For example, in this paper, $L = \{10, 11, 12\}$, for the head combination $\{1^{10}, 2^{11}, 3^{12}\}$ that to be evaluated, the 1st head of 10th layer, the 2nd head of 11th layer and the 3rd head of 12th layer are reset to 0.

3.2.2. Objective Function

After selecting the most important heads of the SL teacher and SSL teacher (SSTA), we let two heads in each layer of the student mimic the most important head of SL teacher and SSL teacher (SSTA) in the corresponding layer respectively through minimizing Kullback-Leibler divergence between the head-level attention distributions. The objective function



(a) DeiT-Ti with only one teacher (SL or SSL). (b) DeiT-Ti with our method.

Figure 4. Accuracy curves during training. (a) exhibits that both the SL teacher and SSL teacher can accelerate the convergence of the student in the early stage, and the acceleration of SSL teacher is more significant. However, this superiority disappears in the later stage. (b) demonstrates that our method can take advantage of the ability of SSL teacher to accelerate convergence in the early stage, allowing students to converge faster in the early stage while stably surpassing the baseline in the later stage. The distillation is stopped at 100 epoch.

of knowledge distillation is as follows:

$$L_{KD}^{SL} = \sum_{i \in H'_{SL}} KL(AttnMat_l^S[0,:,:], AttnMat_l^{SL}[i,:,:]), \tag{5}$$

$$L_{KD}^{SSL} = \sum_{j \in H'_{SSL}} KL(AttnMat_l^S[1,:,:], AttnMat_l^{SSL}[j,:,:]), \tag{6}$$

where $KL(\cdot)$ is Kullback-Leibler divergence, H'_{SL} and H'_{SSL} are the most important heads sets of SL teacher and SSL teacher (SSTA), respectively. $AttnMat_l^S$ presents the attention of student in the l-th layer.

3.3. Training Process

Total loss. The total loss is defined as follows:

$$L_{Total} = \alpha \cdot L_{CE}(f^S(X), y) + \beta \cdot L_{KD}^{SL} + \lambda \cdot L_{KD}^{SSL}, \tag{7}$$

where $L_{CE}(\cdot)$ denotes Cross Entropy, and y is ground truth. α, β and λ are the hyper-parameters that control the weights of CE loss and distillation loss. $f^S(X)$ is the final prediction of X through student f^S.

Early stop strategy. Figure 4(a) shows the curve of training accuracy, it can be observed that both the SL teacher and SSL teacher can accelerate the convergence of student in the early stage, and the acceleration of SSL teacher is more significant in particular. However, this property has no benefit for student in the later period, and the performance of student even declined. Based on this observation, we propose the early stop strategy to take advantage of this property and avoid performance degradation. Specifically, the distillation is only conducted in the early stage (*e.g.*100 epochs), when entering the next epoch, β and λ of Eq. 7 are set to 0.

Table 1. The training losses of DeiT-Ti with different knowledge distillation versions. The teacher is DeiT-S. Note that *KD@1ep* and *KD@100ep* denote intermediate results of the 1st epoch and the 100th epoch respectively, and others are the results of the 300th epoch. *ESKD* stopped distillation after 100 epoch.

Model	CE	SSL KD	SL KD	Acc@1
KD@1ep	6.94	6.31	6.58	-
KD@100ep	4.22	1.18	2.02	-
Full KD	3.77	1.05	1.68	72.2
ESKD (**Ours**)	3.48	17.36	5.69	74.0

Since teachers are usually larger than students, there is a mismatch between student and teacher capacities. We hypothesis that the low-capacity student may not have enough capacity to minimize both the cross entropy loss and the knowledge distillation loss simultaneously. To verify that, we analyzed the training losses of the standard knowledge distillation (Full KD) and the early stopping knowledge distillation (ESKD) as shown in Table 1. We find that Full KD achieves a **higher** CE loss and **lower** KD loss than ESKD. This phenomenon suggests that the standard knowledge distillation models are trading off one loss against another, and the student end up minimizing one loss (KD loss) at the expense of the other (CE loss), especially towards the end of training. Actually, consistent with our observation, previous work (Cho & Hariharan, 2019) has also demonstrated that the full distillation adversely affects training on CNN architectures on challenging dataset like ImageNet. Besides, as we adopt two teachers, the competition of losses is more obvious. Therefore, the proposed early stopping strategy benefits the training at initial stage while avoiding the student model with limited capacity struggling in balancing the KD and the CE losses at later stage.

Table 2. Results on ImageNet-1K. A(B) stands for the teacher of A structure obtained by B training paradigm, ⚗ denotes the student uses the hard label output by RegNetY-16G (Radosavovic et al., 2020) for distillation and ‡ means our reproduction. We trained the student models from scratch, and the students without any teacher are baselines. All the SSL teachers we adopt are based on linear evaluation protocol.

Teacher1	Acc@1	Teacher2	Acc@1	Student	Acc@1
-	-	-	-	DeiT-Ti	72.2
DeiT-S (SSL)	77.0	DeiT-S (SL)	79.9	DeiT-Ti	**74**
-	-	-	-	DeiT-Ti⚗	74.5
DeiT-S (SSL)	77.0	DeiT-S (SL)	79.9	DeiT-Ti⚗	**75.2**
-	-	-	-	DeiT-S	79.9
DeiT-B (SSL)	78.2	DeiT-B(SL)	81.8	DeiT-S	**81.4**
-	-	-	-	XCiT-T12	77.0‡
XCiT-S12 (SSL)	77.8	XCiT-S12 (SL)	82.0	XCiT-T12	**77.5**

For early stop epoch, we set this parameter by referring to the accuracy curves of DeiT-Ti with single teacher (see Figure 4(a) in the paper). Since the red line (DeiT-Ti distilled by SSL teacher) and green line (DeiT-Ti distilled by SL teacher) are close to baseline around 200 epoch, we select the median of 1 and 200 as the early stop epoch (*e.g.*100 epoch).

4. Experiments

4.1. Implementation Details

Datasets. ImageNet (Russakovsky et al., 2015) is used to verify the effectiveness of our method. CIFAR-10 and CIFAR-100 (Krizhevsky et al., 2009) are adopted for downstream transfering tasks. ImageNet-C (Hendrycks & Dietterich, 2019) is utilized to analyze the robustness of the representations. SIN dataset (Geirhos et al., 2018) is used to evaluate the shape bias of models.

Teacher Pre-training Settings. The SSTAs are obtained by DINO (Caron et al., 2021) and both the pre-training and linear evaluation are conducted on ImageNet-1K. The SL teachers are obtained by DeiT (Touvron et al., 2021) and XCiT (El-Nouby et al., 2021) respectively without distillation.

Distillation Training Settings. Following DeiT and XCiT, the total number of distillation epochs are 300 and 400 for DeiT and XCiT respectively, and the corresponding early stop epochs are 100 and 150. All the SSL teachers we adopt are based on linear evaluation protocol, and the teachers are frozen during the distillation. We trained the student models from scratch.

Downstream Transfer Training Settings. In order to analyze the generalization of representations, we further conduct linear evaluation on CIFAR-10 and CIFAR-100. Since the image resolution of the CIFAR dataset is 32×32, all the images are resized to 224×224 with bicubic resampling, following (Gao et al., 2021). All the training hyper-parameters are consistent with (Gao et al., 2021).

4.2. Performance on ImageNet

We first verify the effectiveness of the proposed method on ImageNet-1K. The results are shown in Table 2, from which we have the following observations:

i. The proposed method outperforms all the baselines significantly. Specifically, our method can bring 1.8% improvement on DeiT-Ti (74% v.s. 72.2%). When applying to DeiT-Ti⚗, which is a strong baseline that enhances the model by introducing the inductive bias from a large pre-trained CNN teacher, our method can still bring a further 0.7% gain.

ii. The proposed method is not limited to transformer architectures, and can also bring considerable improvement on XCiT-T12.

4.3. Ablation Study

Effectiveness of SSTA. As expected, the distillation results of two teachers will be better than that of a single teacher since more knowledge is transferred to the student. However, as shown in Table 3, there is no difference between using a single SL teacher (*SL_KD_early100*) and two different SL teachers (*2SL_KD_early100*). On the contrary, our method which adds an SSTA to the SL teacher can significantly improve the performance. In particular, our approach can bring an accuracy improvement of 0.8%, 1.4% and 0.8%, compared to training with single SL teacher (*SL_KD_early100*), single SSL teacher (*SSL_KD_early100*) and two different SL teachers (*2SL_KD_early100*), respectively. The results demonstrate the effectiveness of SSTA and inspire us to further explore the otherness of different teachers and students. We provide detailed analyses in Section 5.

Effectiveness of head selection strategy. Besides selecting the most important heads based on the contribution to accuracy, we also tried to use the average of the attention

Table 3. Ablation study on ImageNet-1K. 100ep denotes 100 epochs, imp. stands for selecting the most important head for distillation, avg. means using the average of multiple heads, and rand. denotes random selection of one head from teacher.

Model	SL KD	SSL KD	Early Stop	Head Sel.	Acc@1
Baseline	×	×	×	-	72.2
Single Teacher					
SL_KD	✓	×	×	imp.	72.0
SSL_KD	×	✓	×	imp.	72.2
SL_KD_early100	✓	×	100ep	imp.	73.2
SSL_KD_early100	×	✓	100ep	imp.	72.6
Multiple Teachers					
2SL_KD	✓	✓	×	imp.	71.4
SSTA_KD	✓	✓	×	imp.	72.2
2SL_KD_early100	✓	✓	100ep	imp.	73.2
SSTA_KD_avg_early100	✓	✓	100ep	avg.	73.2
SSTA_KD_rand_early100	✓	✓	100ep	rand.	73.5
SSTA_KD_early100 (Ours)	✓	✓	100ep	imp.	**74.0**

Table 4. Ablation study of early stop epoch on DeiT-Ti. imp. stands for selecting the most important head for distillation.

Model	SL KD	SSL KD	Early Stop Epoch	Head Sel.	Acc@1
Baseline	×	×	×	-	72.2
SSTA_KD_early50	✓	✓	50	imp.	73.4
SSTA_KD_early100 (**Ours**)	✓	✓	100	imp.	**74.0**
SSTA_KD_early150	✓	✓	150	imp.	73.4
SSTA_KD_early200	✓	✓	200	imp.	73.7
SSTA_KD_early250	✓	✓	250	imp.	72.6
SSTA_KD_early300	✓	✓	×	imp.	72.2

Table 5. The effect of distilling with different layers on ImageNet.

Layers	ACC@1
{12}	73.1
{11, 12}	73.4
{10, 11, 12}	**74.0**
{9, 10, 11, 12}	73.6

Table 6. Comparison against existing distillation methods. All the teachers are Deit-S, and students are Deit-Ti.

SL Teacher KD Method	SSTA KD Method	Stu. Acc@1
-	-	72.2
LKD	Head-level	73.4
AT	Head-level	70.0
Head-level	Head-level	**74**

distribution of all heads or randomly choose one head within one layer as the knowledge to transfer. As shown in the bottom three rows of Table 3, choosing the most important head has an improvement of 0.8% or 0.5% compared to taking the average attention distribution of the heads or random selection, which indicates the effectiveness of the proposed head selection strategy.

Effectiveness of early stop strategy. It can be seen from Table 3 that the students do not work well when using head-level distillation in all epochs. Nevertheless, after applying the early stop strategy, our method can significantly boost the performance of students (up to 1.8% accuracy). The experimental results prove that the early stop strategy can make good use of the advantages of the head-level distillation to accelerate the convergence of students in the early stage, so as to achieve better results, the corresponding training accuracy curve is shown in Figure 4(b).

Table 4 shows the performance with different early stop epochs. It can be seen that stopping distillation at 100 epoch can achieve the best results.

Multiple layers for distillation. We tried distillation on different layers and the results are shown in Table 5. As the representation similarity between SL teacher and SSL teacher (SSTA) is lower in the deeper layers (see Figure 2), which means the diversity between SL teacher and SSL teacher (SSTA) is higher, we search the layers from back to front. It can be observed that with the increase of the number of distillation layers, the accuracy of the student rises first, when the number of layers is 3 (*i.e.* $L = 10, 11, 12$), it reaches the maximum value, and then if the number of layers increases again, the accuracy will decrease instead. Therefore, our distillation is carried out on the 10th, 11th and 12th layers.

Table 7. Performance of transfering to downstream classification task on CIFAR-10 and CIFAR-100.

Dataset	Teacher1	Acc@1	Teacher2	Acc@1	Student	Acc@1
CIFAR-100	-	-	-	-	DeiT-Ti	71.9
	DeiT-S (SL)	78.0	-	-	DeiT-Ti	72.2
	DeiT-S (SSL)	80.9	-	-	DeiT-Ti	72.2
	DeiT-S (SL)	79.6	DeiT-S (SL)	78.0	DeiT-Ti	72.0
	DeiT-S (SSL)	80.9	DeiT-S (SL)	78.0	DeiT-Ti	**72.8**
	-	-	-	-	DeiT-S	78.0
	DeiT-B (SSL)	84.5	DeiT-B(SL)	82.6	DeiT-S	**80.4**
CIFAR-10	-	-	-	-	DeiT-Ti	90.4
	DeiT-S (SL)	93.9	-		DeiT-Ti	90.7
	DeiT-S (SSL)	95.0	-		DeiT-Ti	91.1
	DeiT-S (SL)	94.5	DeiT-S (SL)	93.9	DeiT-Ti	91.2
	DeiT-S (SSL)	95.0	DeiT-S (SL)	93.9	DeiT-Ti	**91.6**
	-	-	-	-	DeiT-S	93.9
	DeiT-B (SSL)	96.4	DeiT-B(SL)	95.9	DeiT-S	**95.2**

4.4. Comparison Against Existing KD Methods

In this section, we compare the head-level distillation against two widely-used distillation methods, logits distillation (LKD) (Hinton et al., 2015) and attention transfer (AT) (Zagoruyko & Komodakis, 2016). We follow the common practice that using SL model as the teacher for logits distillation and attention transfer. Since our method adopts two teachers, to be fair, we add SSTA to the above distillation methods during training. The results are shown in Table 6, it can be observed that SSTA combining head-level knowledge from SL teacher is better than combining the form of AT/logits. We also find that combining AT performs even worse than baseline.

4.5. Transfer Learning on Downstream Tasks

In order to analyze the generalization of representations obtained by our method, we further conduct linear evaluation on CIFAR-10 and CIFAR-100, and the results are shown in Table 7. It can be seen that compared to the baseline without any distillation, our method can significantly improve the classification accuracy on both CIFAR-10 and CIFAR-100. Furthermore, when using SSL teacher with better generalization as teaching assistant, the student is better than using SL teacher as teaching assistant. The results prove that the introduction of SSL teacher (SSTA) can make the students have better generalization, which further verifies the effectiveness of our method.

5. Analysis

In this section, we did some in-depth analyses towards the otherness between the representations obtained by different learning paradigms. Firstly, we explore the prediction preference of SL teacher and SSL teacher, and then further analyze the shape bias of teachers and students, and the robustness of networks, finally we provide some visualizations. Note the teachers in all experiments of this part are DeiT-S, and the students are DeiT-Ti.

5.1. Prediction Preference

Figure 5 demonstrates the distribution of predictions of the top 10 categories by SL teacher and SSL teacher. It can be seen that these two models have different tendencies for the predicted categories. Furthermore, we counted the number of samples in which one of SL teacher and SSL teacher has a correct prediction, but the other has a wrong prediction, which accounted for 11.3% of the validation dataset. In addition, the top 3 categories that SL teacher predicted correctly but SSL teacher predicted incorrectly are *lighter*, *spatula* and *coffee mug*, but the top 3 classes that SL teacher predicted incorrectly but SSL teacher predicted correctly are *cornet*, *sports car* and *drum*. ***These data prove that two models with the same structure obtained with different learning paradigms have different prediction preferences, which is what we are trying to exploit.***

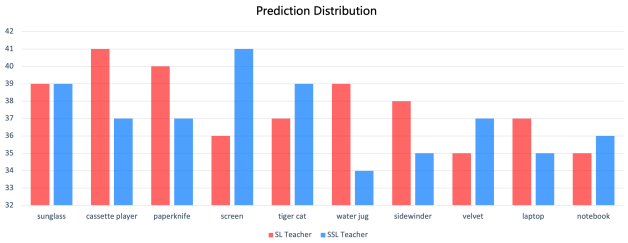


Figure 5. Prediction distribution. The abscissa is the top 10 categories in the validation dataset of ImageNet predicted by SL teacher and SSL teacher, and the ordinate is the specific number.

5.2. Shape Bias

(Tuli et al., 2021) reported that the errors of vision transformers are more consistent with those of humans, compared to CNN. We are interested in comparison of ViTs with different representations and human vision. Following (Geirhos

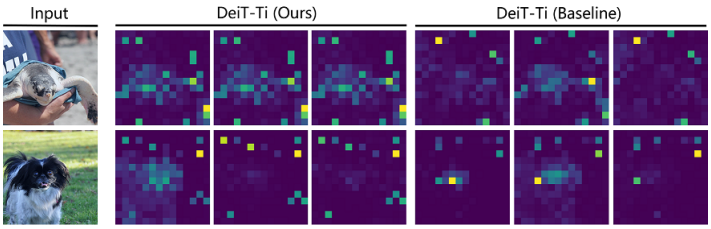


Figure 6. Visualizations of self-attention from the last layer. DeiT-Ti(Ours) consists of 3 heads, and the 1st head and 2nd head are distilled from SSL teacher (SSTA) and SL teacher respectively.

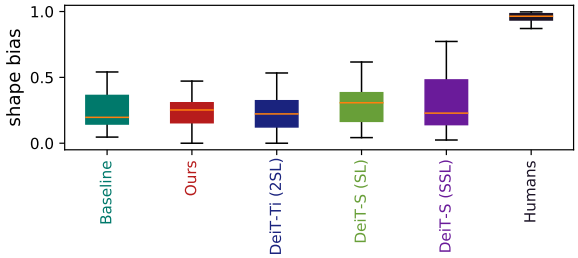


Figure 7. Shape bias of ViTs. DeiT-S (SL) and DeiT-S (SSL) are two teachers and DeiT-Ti (2SL) is distilled by two different SL teachers. The horizontal line in each rectangular entity is the median.

Table 8. Performance on ImageNet-C. * represents the model is obtained by different initialization. The lower the mCE value, the better.

Model	mCE (↓)
Teachers	
DeiT-S (SL)	41.4
DeiT-S (SL) *	40.7
DeiT-S (SSL)	51.5
Students	
DeiT-Ti (Baseline)	54.0
DeiT-Ti (2 SL teachers)	53.0
DeiT-Ti (Ours)	**52.1**

et al., 2018), we evaluate shape bias on SIN dataset.

The results of shape bias are presented in Figure 7, we can see that although the shape bias of SL teacher is higher than that of SSL, the shape bias of student distilled by two different SL teachers is actually lower than that of student distilled by one SL teacher and together with another SSL teacher (SSTA). We find that ***SSTA forces students have a higher shape bias which behaves more like human.***

5.3. Robustness

We measure the robustness on ImageNet-C, as shown in Table 8. ***Our SSTA can improve the robustness of student***, compared to both the student distilled by two different SL teachers (52.1 v.s. 53.0) and without distillation (52.1 v.s. 54.0). Moreover, it is worth noting that the results in Table 8 show that SL teachers have stronger robustness, while the robustness of the student distilled by two SL teachers is worse than the student distilled by an SL teacher together with another SSTA, which further proves the effectiveness of SSTA.

5.4. Visualizations

As shown in Figure 6, compared to baseline (right) which is trained without any distillation, ***our student pays more attention to objects***, especially the first head since it mimics the most important head of SSL teacher (SSTA). For example, when recognizing the *loggerhead* (the first input), since the key areas are not focused, baseline misjudges it as *pug-dog*, but our student can predict correctly. More visualizations can be seen in appendix, including the most important heads and the attention maps of the last layer.

6. Conclusion

In this paper, we exploit a self-supervised transformer as the teaching assistant besides the commonly used supervised teacher, and propose a head-level knowledge distillation approach to improve the performance of low-capacity networks (*i.e.* students). Experiments demonstrate that self-supervised models are good teaching assistants for transformers. Meanwhile, more insightfully analytical experiments towards the difference between the supervised and self-supervised learning paradigms are inductive and may inspire future researches.

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A. Visualizations of the most important head.

For the proposed head selection strategy, we provide the visualizations of the most important heads of the last 3 layers of SL teacher and SSL teacher (SSTA) in Figure 8. We can see that the background is more important for SL teacher, while the information of object is more critical for the SSL teacher (SSTA). Actually, background and object both are important for human vision, thus our head-level knowledge distillation method precisely adopt the most critical information via head selection strategy.

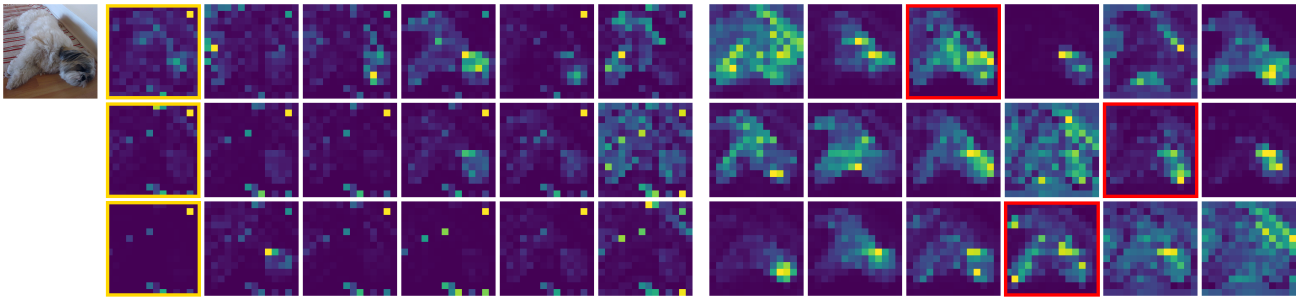

Figure 8. The first column is the input image, the next 6 columns are the self-attention visualization of the 6 heads of SL teacher, and the last 6 columns belong to SSL teacher (SSTA). The first row to the third row correspond to the 10th, 11th, and 12th layers respectively. The heads with boxes are the most important heads of corresponding teachers over three layers.

B. Visualizations of distilled heads on student

Figure 9 shows the visualizations of the student (DeiT-Ti) after mimicking SL teacher and SSTA. Since the baseline model can not pay attention to the object ('tin opener') precisely and disturbed by redundant information, the object is identified as a pencil sharpener. On the contrary, our SSL Teacher (SSTA) perfectly focus on the object and the heads that selected by the proposed head selection strategy provide the critical information to the student. After distilling, DeiT-Ti can also precisely focus on the object and classify it correctly.

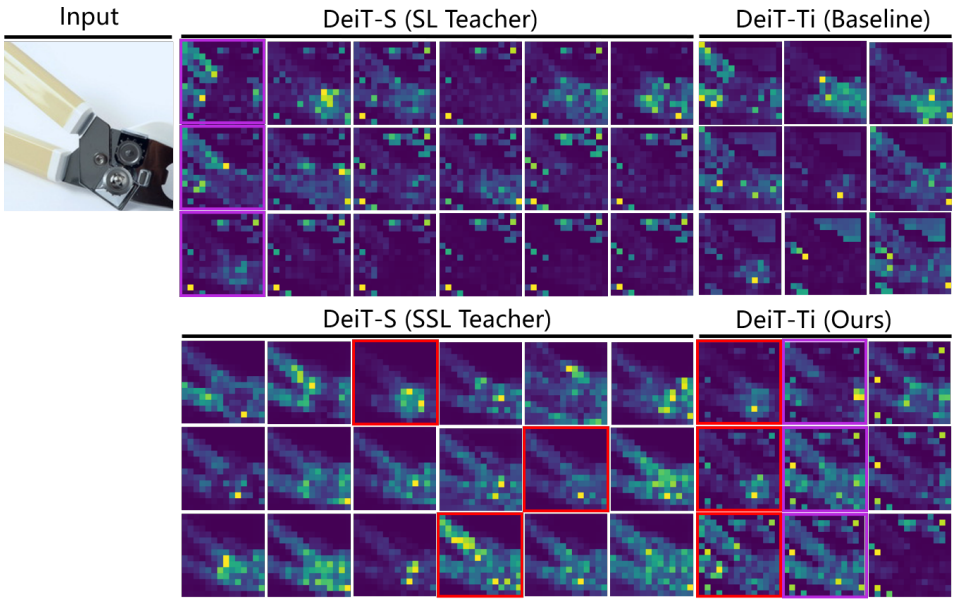

Figure 9. Visualizations of self-attention from the last 3 layers of two teachers, our student and baseline. The red boxes and purple boxes on teachers denote the most important head of SSL teacher (SSTA) and SL teacher. Meanwhile, the red boxes and purple boxes on student denote the heads distilled by the SSL teacher (SSTA) and SL teacher correspondingly.